NotebookLM study prompts for one course

Use these prompts in the notebook for one course. Replace the parts in brackets with your own week, lecture and topics.

Set up the notebook (once)

- Name the notebook with the course code and term, such as "PSYC 101 Fall 2026".
- Add the syllabus first, then the slides and readings for each lecture.
- Give each source a clear name, such as "Wk 7 Memory slides".
- Use your college Google account if you have one.
- Free plan: up to 50 sources in each notebook.

After each lecture (about 20 minutes)

1. Add your typed lecture notes.
2. Ask about what was unclear:
   - "Using only the [Week X] slides and my notes, explain [concept]. Give one everyday example and cite the slide."
   - "What does the [Week X] lecture say about [topic] that the [Chapter Y] reading doesn't?"
   - "Which ideas from [Week X] does the syllabus say will be on the exam?"
3. Make a Study Guide from Reports in the Studio panel, with only this week's sources ticked.
4. Write three questions of your own that could come up on the exam.

Flashcards and quizzes

- Open Flashcards or Quiz in the Studio panel and click the pencil icon.
- Set the number and difficulty (easy, medium or hard).
- Prompt box: "[Week X] only: [topic 1], [topic 2] and [topic 3]."
- Answer before you flip each card. Click Explain on every one you miss.
- Retest missed cards on days 1, 3 and 7 after the lecture.

When you're stuck

- Turn on Learning Guide in the chat settings.
- "Quiz me one question at a time on [topic]. Don't give me the answer until I've tried."
- "Here is my explanation of [concept]. Ask me questions about the parts that are vague."

Review on the go

- Audio Overview, Brief format, with only this week's sources ticked.
- Use it as a recap, then go back to flashcards to test yourself.

Before you rely on an answer

- Click the numbered citation and read the slide or page it points to.
- If your slides are only bullet points, add the reading too.
- Write assignments in your own words, and follow each syllabus's AI rules.